



WELCOME!

WELCOME TO BT CAMPS!

Congratulations on choosing one of our great summer programs for your camper. This manual is filled with lots of details which explain many of our camp policies and procedures, and we hope that it answers all the questions that you may have.

BT Camps has provided the best summer day camp experience, in a nurturing atmosphere, since 1943. Each camper participates in a wide variety of fun-filled activities in aquatics, sports, arts, theater, outdoor living and more. Our supportive environment, mature counselors, and talented instructors encourage cooperative behavior and the inclusion of every camper. Campers make new friends, develop social skills, learn sharing, and develop relationships that often last a lifetime.

Our camp atmosphere promotes integrity, self-esteem, positive values, ruach (spirit) and kehillah (community). Our campers are drawn from dozens of local public and private schools, and from the entire spectrum of affiliation. This diversity exposes campers to new situations and widens their horizons.

Our contemporary Jewish atmosphere adds a rich flavor to camp life, instilling pride in each camper's family's belief system. Daily Jewish programming, Weekly Shabbat celebrations, Hebrew songs, and Jewish stories round out our commitment to our heritage.

We value your confidence in our ability to give your camper an outstanding experience at BT Camps. Our obligation to you extends to all our planning for the summer, and we're working hard to make this our best season ever.

Our commitment to you and your campers is extremely important. If your camper's summer camp experience does not meet your camper's expectations or needs, let us know. Please feel comfortable calling 410-517-3451 to discuss your experience at camp, negative or positive. Your feedback allows us to continue to make B.T. Camps "a great place for kids to grow."

We look forward to seeing you this summer!

Shalom

Sam Bloom
Director

Marty Taylor
Camp Chair

COMMUNICATION

Contacting us by phone

We are happy to have you contact us by phone or email to discuss the camp program in general or your camper. No one at the Beth Tfiloh Congregation or Beth Tfiloh School offices can answer questions relating to BT Camps. During the summer, if you have questions about your child, you will be directed to our Camper Care Specialists or Camp Director. Please know that unlike in the past, your child's Unit Head will not be able to spend time with you on the phone, as their daily responsibilities are to be outside with the children and with the staff. Also, please do not send a note with your child for any reason, as chances are it will not be seen in a timely manner.

Contacting us by email and our "no notes" policy

We do not accept any transportation questions, bus changes, program changes, or week changes by email. In keeping with our "No Notes" policy, please assume we will never see such requests if sent by email. Change requests sent to any of our email addresses will not be forwarded or processed. We're happy to honor such requests by phone.

Questions and comments may be emailed.

Bryna Bernstein – bryna@btcamps.org

Sam Bloom – sam@btcamps.org

Rachel Lieberman – rachel@btcamps.org

Rob Hiken – rob@btcamps.org

Emily Levin – emily@btcamps.org

Please allow 24 hours for email replies.

For urgent matters, please call us at 410-517-3451

Photos

We know how much families look forward to seeing pictures of their camper's daily activities at BT Camps - and why not, it is just great to see campers have a great time. Our goal is to take photos of as many campers as possible each day.

We average hundreds of photos every day and are uploaded daily. Some days will be more, some days will be less. We ask that you understand that "taking the photos and uploading them" can be a long a tedious process. If there are what seems to be a few less photos one day, do not worry, there will likely be more than enough in the days that follow! We also want to remind you that on your camp application, you agreed to give BT Camps your permission to use your camper's photo(s) in press releases, ads, video, news media, & electronic media.

VISITING CAMP

Summer visits to camp

Due to COVID-19/CDC restrictions, unless a parent/legal guardian is picking up a child or dropping off a child, visitors will not be permitted at camp at any time.

If you have concerns about your child's experience at camp, feel free to contact us.

Directions to camp

1. Take Reisterstown Road, MD-140, or NW Expressway, I-795 Exit 7B, to Franklin Boulevard West.
2. Approach the second traffic signal in the right lane and bear off onto Church Road.
3. In approximately 500 feet, turn left onto Sunnyking Drive.
4. Turn left onto Sunnydale Way, Sunlight Road, and Bonnie Meadow Circle.
5. Finally, turn right onto Delight Meadows Road, which takes you to BT Camps.

Billing and accounts

Please call the camp office at 410-517-3451 for all questions about fees and account balances or email Emily at emily@btcamps.org.

NOTE: Your camper must have their fees paid in full for him/her to attend camp.
Please refer to your CampMinder account for when balances must be paid.

BUNKING

What is a bunk?

At BT Camps, a "Bunk" indicates a group of campers that have a common program, age, grade or leadership. The bunk is led by counselors.

What is a unit?

A Unit is a group of bunks that share a common bunk area and supervision. A Unit Head is designated to coordinate the group's activities. Each Unit is assigned to its own bunk house or facility which serves as its "headquarters," shelter in poor weather, and clothes changing area.

Bunk assignments

You will receive notification of your camper's bunk and unit assignment at the beginning of June. This information, along with your bus transportation information, will also be printed on a luggage tag that is color-coded by unit. Please attach this luggage tag to your camper's backpack or swim bag.

We spend a great deal of time in developing each set of bunk assignments. We make every effort to take everyone's requests, neighborhood, and school into account. Almost all campers are bunked strictly within their school grade.

Your child was placed with at least one of the two choices you requested in Camp Minder, and we did the best possible job making minor last-minute adjustments to meet your requests.

Our units and programs

Nursery	ages 2, 3, and 4, flexible day program					
Day	Nursery	KC/Aleph	Bet	Gimmel and Daled	Hay and Vav	Senior
	2's, 3's, 4's,	N, pre-K, K, part day available	grade 1	grade 2&3	grade 4&5	grades 6- 8
Specialty	Sports	Art	Theater	Survival	Travel	L.T.
	grade 2 - 8	grade 3 - 8	grade 3 - 8	grade 5 - 8	grade 5 - 8	grade 9, 10

CLOTHING

Typical camp clothing

- a. Tennis shoes with socks, shorts, and a T-shirt. No sandals, flip-flops, crocs, or heellies.
- b. A hat is a must to protect campers from the sun.
- c. In poor weather, a light jacket or sweatshirt.
- d. Boys should wear a bathing suit to camp and pack a pair of shorts. Girls should wear a bathing suit to camp under their clothing. All campers except Nursery Camp campers should bring a second bathing suit, two towels, and underwear in a backpack. Nursery Campers do not swim but have water play time.
- e. On some occasions, we may have nature programs that may require special clothing or shoes. We will try to notify you well in advance about such days. Camp is not responsible for clothing or shoes used in these instances.
- f. Since our campers are always "on the go," it is advisable that they have 2 pairs of tennis shoes to alternate from day to day. Several extra swimsuits are also a good idea.
- g. Aqua shoes are useful for walking to and from the pool and to wear while swimming.
- h. Campers should not leave any clothing overnight.
- i. A complimentary camp T-shirt will be given to your camper during the first week he or she attends camp. We encourage campers to wear this T-shirt on Fridays in the spirit of making Shabbat a special day. Extra shirts are available for sale during Open House.
- j. On rainy days, we recommend you pack an extra set of clothing, including shoes.

Lost clothing

The camper's first and last names should appear on all articles of clothing and personal belongings including backpacks, shoes, socks, underwear, and swim bag. Use labels or a stamper, rather than pen.

Our staff and after-hours cleaning crew bring all out-of-place items to the camp office. We make daily returns by bagging the item and returning it to you via the bus counselor.

Many campers have items of clothing which they favor more than others. While a camper may want to wear these items to camp, keep in mind that clothing can get dirty or stained in a camp environment. We recommend sending campers to camp only in clothing that will not be sorely missed, or with items that are not irreplaceable.

PROGRAMMING

What not to bring

Toys, cell phones, games, radios, cards, water guns or similar equipment should not be brought to camp under any circumstances. Staff members have been instructed to collect these items from campers if they are seen and in use during the camp day. Items collected will be returned to campers as they depart the bus in the afternoon. Experience tells us that when valuables are brought to camp there is a strong chance, they could be damaged or lost with little hope of recovery. Camp is not responsible if items are lost or damaged. Also, umbrellas are not allowed at camp.

Late stays and specialty-camp-trips

Based on COVID restrictions, Campers in Units Daled, Hay, and Senior Campers and Arts Campers will be scheduled for extra programming called Late Stays that takes place after the end of the regular camp day. Campers on a Late Stay remain at camp after normal dismissal and may enjoy a cookout dinner (based on safety protocols), extra swimming time, and special activities. At the conclusion of Late stay, parents come to camp to pick their camper up. If/when we have Late stays, information pertaining to each Late Stay will be sent home both the week prior to and week of the Late stay.

Specialty Campers may also enjoy out-of-camp trips, again, based on safety protocols). On such trips, campers must wear a BT Camps T-Shirt.

Program Progression

There are many great aspects to our camp program. Some program items are only appropriate for certain age groups. For example, it would be inappropriate for a 4-year-old to light a campfire, and it would be inappropriate for an 8th grader to use a playground. As such, activity areas such as playground, Campcraft, copper enameling, the water slide, and Ropes Initiatives are either not available to all age groups or offer age-appropriate modified activities.

BT Camps' challenge course is one of the finest in the area. The course is designed to build personal confidence and allow participants to work as a team to accomplish goals. The high elements in the course are designed for campers in Unit Daled and older, the low course may be used for Unit Gimmel as part of special activities. The Zip-lines can only be used by campers in Unit Hay or older demonstrating skills necessary to appropriately use the elements.

Specialty camps

Details about Art, Sports, Survival, Theater, and Travel Camps, including calendar, schedule, necessary equipment, and other pertinent information have been sent out to campers who registered for these programs.

AQUATICS

Swimming program

The Instructional Swim program at BT Camps occurs two to three days per week, and follows the current national guidelines established by the American Red Cross, or ARC, for its “Learn to Swim” programs. Beginning swimmers work with instructors in small groups to develop comfort in the water. As swimmers progress, they are placed in skill-teaching stations or level groups so they can move along at their individual pace and experience as much success as possible. A camper who is not ready to pass to the next level realizes that s/he is still making progress.

Please know that even with our best efforts to make instructional swim fun, we recognize that some children do not love it. With this in mind, we ask you to understand we are teaching a life-skill that is essential to a camper’s growth and development. If your camper asks you to be exempt from instructional swim, we encourage you to remind him/her how essential strong swimming skills are in developing confidence and safe habits.

Swimming placement

Each camper's instructional group is determined by the ARC designated prerequisite skills demonstrated by the camper during the swimming screening that takes place during the first few days of attendance. Each camper is then given an initial placement. Consequently, a camper will often be in a different swim instruction group from friends or bunkmates. Parents should recognize in advance that because of a lack of winter practice, a camper often may be required to repeat a group of skills that have been previously mastered. Another factor in group placement is that some campers are reluctant to demonstrate their skills upon demand in a test situation. Our instructors must place campers based solely on skill performances they personally observe.

Swimming progress

Each swim level is comprised of subgroups, each with several separate required skills. Before a camper can advance to the next level of instruction, each of these group skills must be mastered. We move swimmers into more advanced groups as their performance improves. Periodically, campers in Unit Aleph and Unit Bet will receive progress certificates that recognize the growth they have made in our swimming programs. At the end of the enrollment period, all campers will receive a complete swim skill progress report from our aquatics staff, along with certificates of achievement or Red Cross certification cards. Campers work hard for achievement awards, so please reinforce any progress as much as possible.

AQUATICS

Swim facilities

We have three pool areas along with our PODS. Camper's swim and receive instruction in water of a depth that is appropriate to their age and instructional skill level. The availability of multiple swim areas allows the younger campers to be comfortable and safe in the water, and our older campers to enjoy special aquatics fun like races, water basketball, and use of our water slide.

Our pools are cleaned daily, and the chemical balance is checked and adjusted hourly. In addition, the Health Department closely monitors and approves our water quality, aquatics equipment, and aquatics procedures. We are recognized by the Red Cross as an Authorized Provider of Aquatic and Health Services.

Water slides

A triple-level, twin-tube water slide is enjoyed by swimmers of all ages. It empties into our Lap Pool in 5-foot-deep water and is supervised by trained guards and pool staff. In order to use the water slides, campers must first pass a deep-water test.

Splash pad

A unique addition to our aquatics complex is our Splash Pad which provides hours of refreshing fun for our younger campers. Dozens of gentle water streams spout from the floor in addition to many large fountain and tube style water play elements.

Weather considerations

When the weather is marginal, we allow campers to choose to sit on the edge of the pool rather than fully enter the water. The Red Cross has a series of instructional activities to promote water safety awareness. We will use these lessons as part of each camper's swim program. Since many of these lessons are appropriate for rainy day use, even "bad weather" days will be a meaningful part of our instructional swim program.

AQUATICS

Instruction and safety

Some campers who love playing in the water still prefer to avoid instruction. Other campers are afraid of the water. Our staff knows the difference between encouragement and coercion. Assure your camper he or she will not be forced into the water or to do anything for which he or she is not ready.

Make sure that your camper understands that even if they do not swim, they must still go to the pool for swim instruction in a bathing suit, even if only to observe. This allows the camper to have a change of heart. If we become aware of a difficulty at the pool, we will call you. If you become aware of a problem before we do, please contact us.

At BT Camps all swim instruction is taught and/or supervised by experienced Red Cross-trained Water Safety Instructors (WSI) during daily instructional periods. Our WSI staff is supplemented by other trained swim instructors. Those campers in "free swim" are watched by a separate staff of lifeguards. Counselors often help, but only as teaching aides or as designated supplemental "watchers." County regulations require just one certified lifeguard per 50 swimmers. We greatly exceed that minimal requirement, however, by employing more than a dozen guards in addition to training and assigning many counselors as designated "watchers."

The boat lake

Our lakefront features paddle boats, kayaks and canoes. We teach basic boating safety and the techniques of being a safe passenger. We also teach as many skills as possible that are age-appropriate, including paddling with special equipment that matches our campers' size and strength. Our boating staff includes one or more certified canoeing instructors, and our lake is always guarded by lifeguards who are specially trained to conduct open water (non-pool) rescues. In addition, everyone at the lake wears a life jacket even if they are accomplished swimmers. Use of the Sachs Family Lake Slide, our popular 60-foot-tall-90-foot-long slide that empties into the lake, is at the discretion of the Lake Head.

Bathing suit required.

There are no alternate activities offered to campers during scheduled swim times. All campers are required to dress for and go to the pool.

Should there be a reason your camper will not be swimming, it is important to still pack a bathing suit and towel. There are other activities that involve water around camp such as the Boat Lake, or Splash Pad. On very hot days there are also sprinklers around camp. Packing a bathing suit is a good measure toward making sure your camper can participate in these activities.

TRANSPORTATION

Bus ride

The bus ride is the true beginning of the camp day experience. It will be beneficial if you can help your camper feel that riding the camp bus is an adventure. The day begins when your camper boards the bus. Each morning the camper is greeted by the driver, bus counselors, and camp friends. When the route allows, songs are sung, games are played, experiences are shared, and the camper becomes a part of camp even before arriving at the camp itself. Campers sometimes even have a bus song or a bus cheer that they perform for the others in camp. Please allow your camper to have this experience by projecting positive thoughts about the bus ride to and from camp.

Supervision on the bus

BT Camps provides one bus monitor and one bus counselor on each bus. These staff have been trained to lead the bus on its route, as well as in the techniques of making the ride safe and pleasant for the campers. They take attendance, help campers on and off the bus, lead songs and activities, and provide supervision and assistance to assure your camper's safety. The driver's responsibility is to drive the bus, ensure passenger safety, and work with the bus counselors. Our buses are radio-equipped, meaning that communication between camp and the bus can occur during an emergency. Sorry, but lost items are not an emergency.

Parent-to-camp communication, if necessary, should be with the camp office by phone, not the bus counselor or bus driver.

Bus inspection

Our buses are owned and operated by Woodlawn Motor Coach. Our current fleet is made up of the very newest buses that meet the most recent government safety standards. This yields two benefits: more comfortable seating and having the latest safety innovations. All buses are maintained and inspected regularly during the year. All buses meet the United States Department of Transportation (DOT) standards.

TRANSPORTATION

Seatbelts and flashing amber or red lights

Seat belts are not specified by the State of Maryland for use on conventional school buses. The latest safety studies show that school age campers transported in the newest school buses with high seat backs and compartmental design are safer without seat belts than they are when wearing lap belts. BT Camps uses only these newer type buses. Our drivers are asked to use flasher lights (referred to as “pilot lights” in the industry) when stopping.

Driver preparation

All drivers are professionals employed directly by Woodlawn Motor Coach. Most of these drivers are employed by this bus company during the school year, and many also drive for the public schools. Drivers are subjected to both a Criminal Records Background Check and regular monitoring of their motor vehicle safety records. The bus drivers are also subject to independently conducted random testing for use of alcohol and drugs.

Our drivers are given similar training to that which we give our bus counselors and receive the same printed materials. We treat drivers as if they are part of our staff because they are. Many of our drivers have been driving for over a decade and are some of the best around.

Establishing the route

We will attempt to please each family on the route with an “ideal time.” Some families would like as short a ride as possible, while others want a longer ride to better accommodate the employment schedule of the family. Your home location has a direct bearing on the length of time your camper is on the bus. Each route is planned to achieve the shortest possible driving time for all. Some of our routes are run in the same direction in the afternoon as the morning, thereby equalizing total drive time for all campers on that bus. However, many afternoon routes this summer must run in reverse order.

Most full-day Baltimore County campers will receive bus pick-up and drop-off at their door. Any camper who will not receive door-to-door transportation will receive either a written notification or a phone call from our Transportation Department to make other arrangements. Howard County and Carroll County campers are picked up and dropped off at centralized stops, not at the home.

TRANSPORTATION

Pick-up and drop-off times

Prior to the beginning of camp, you will receive a tag with bus and bunk information that your camper should attach to his/her backpack or duffel. The bus information printed on the tag is simply our target in the middle of a 15-minute window. Campers are generally picked up between 8:00 – 9:00am and except for Part Day Camp campers, dropped off between 4:20 - 5:30p.m. Part Day Camp campers will receive separate afternoon drop-off information. Although we practice our routes until they run like clockwork, please understand that the printed times are an estimate and not a promise. Factors beyond our control, such as traffic tie-ups and bad weather conditions, may cause us to run off schedule.

Our experience tells us that our afternoon routes are much more subject to surprise delays than are our morning runs and as such the estimates are much less exact than morning estimates. Times should become rather consistent from day to day as soon as a routine is established. Even if the bus is "later than scheduled," there is no need to be concerned. If we become aware of a transportation delay more than twenty minutes, or other bus irregularity, we will try to contact you. This information will also be posted on our website at btcamps.org.

Please make every effort to have your camper ready on time each morning ten minutes before the bus is scheduled to arrive. And at the close of the day, your being there waiting at the bus stop is even more essential. It is very important for parents not to slow the bus by trying to conduct conversations with the bus driver or bus counselors. If every camper delays the bus by just one minute, transportation time will be more than doubled. Do your extra hugs and kisses before the bus arrives. Please recognize that buses may run slightly behind schedule for the first few days.

DRIVING TO CAMP/PICKING UP FROM CAMP: If you are driving your child to camp in the morning and picking up your child in the afternoon, the times are as follows;

DROP OFF IN AM: 8:40am

PICK UP IN PM: 4:00pm

Bus changes

Due to Covid, we cannot allow for Bus changes this summer. Please understand that this is for your safety and the safety of your child.

TRANSPORTATION

Security form

A camper will not be left unattended without your direction and approval. If you have specific instructions, please notify camp. A copy of your instructions is carried by the bus counselors.

Custody

The camp follows only the directions of the custodial parent(s) and/or legal guardians with respect to issues of parental custody and visitation. In cases of joint custody, the camp requests that all logistical matters be worked out by the parents prior to the summer. Even if a camper resides at two addresses, there is only one door-to-door stop per camper registration. Staff members are trained not to release a camper unless given specific instructions to do so by the camp office.

Driving to camp

Some parents are driving their children to camp – this has been pre-approved. You will officially sign the camper in at the Gatehouse with the gatekeeper. Please do not just drop off the camper and drive away; we will not know they're in camp!

Early departures

- a. Parents must phone 410-517-3451 before 2:30p.m.
- b. Please do not send an email or a note about this or any other time-sensitive concern. If you do, assume we will never see it and call-in addition.

We will ask for your camper's name, unit, bunk, bus number, and the time you wish to pick up your camper. Please plan to pick up your camper no later than 3:30 p.m. to avoid being blocked in or blocking our buses. We will provide you with the nearest time between activity periods that we can have your child at the Gatehouse. If you arrive without calling ahead, it usually takes us at least a half hour to retrieve a camper from the middle of an activity.

If your camper must ever be picked up early by anyone who is not a member of your household, advance arrangements are required unless the individual is already listed on the Camper Registration Form. To add someone to your approved list, call the camp office in advance. When you pick up your camper, come to the Gatehouse where you will be required to present identification and sign for the release of the camper.

TRANSPORTATION

Transportation safety rules

It is the parent's responsibility to discuss with the camper the importance of always following our bus safety rules.

1. Stay on the curb or sidewalk until the bus arrives.
2. Wait until the bus comes to a complete stop before you approach it. Do not walk to the bus until someone comes and escorts you.
3. When crossing a street wait until a bus counselor checks the traffic for you and takes you across the street.
4. If you have missed the bus or if you have forgotten and left something on the bus, never chase after it. We always return labeled found items.
5. Never reach into the street to pick up something you have dropped.
6. Once seated, remain seated unless instructed to do otherwise.
7. Always remain in your seat until the bus has come to a full stop.
8. Talk quietly with your neighbors; use an indoor voice.
9. Always keep all parts of your body inside the window, always.
10. Always keep all objects inside the bus.
11. Always sit with your back against the seat.
12. Do not sit on your knees or turn around at any time.
13. Gum chewing, eating, and drinking are prohibited.
14. Unless a bus counselor says otherwise, go home on your regular bus.
15. Follow all directions from the driver and the bus counselors.

Extended day

We offer an adult-supervised Extended Day program to help those of you who must make special arrangements for your campers after camp. Extended Day option is located at our campsite in Reisterstown, and runs from 4:15 p.m. to 5:45 p.m. When you pick up your Extended Day camper, you will be required to present identification and sign for the release of the camper. There is a \$1.00 per minute, per camper late fee after 5:45 p.m. This program is subject to enrollment.

HEALTH CARE

Staffing and facilities

Our Health Suite is staffed by registered nurses who are also parents, and are trained to work directly with children, youth, teens, and adults. We also maintain a consulting relationship with a major pediatric practice in the area. Additionally, many of our general staff are trained in First Aid and CPR. Our Health Suite is centrally located between the pool and lake and is air-conditioned.

Health procedures

We give close attention in our Health Suite to all actual or potential injuries as well as sudden illness. However, please do not send a sick camper to camp. If our on-site Director of Health and Safety feels an injury or illness should be handled by a parent and/or a physician, we follow this order of procedures:

1. Call to parent(s) at home and/or at work.
2. Call to emergency numbers you listed on the camp application.
3. Call to the physician you listed on the camp application.
4. Call to whoever is covering for your physician.
5. Call a physician of our choice only if we cannot reach any of the above.

Sun and skin protection

We recognize the importance of protecting our campers from the elements as much as possible. We encourage all campers to wear a hat. Campers play in the shade whenever practical, and most of our activity areas are under cover. We suggest that you apply sunscreen to your camper before he/she leaves home and that you enclose the sunscreen in his/her swim bag so it can be reapplied during the day, either by the camper or the counselor. The American Camp Association requires day camp children to use a SPF greater than 15, though we recommend SPF30.

Sometimes, even after lotion is applied, some campers still get "pink" from the sun. We strongly encourage each camper to always wear a wide-brimmed hat. Also, some campers may choose to wear a shirt in the pool and/or while boating on the lake.

Prior to participation in Outdoor Adventure, Nature, and Survival Skills activities in the woods, campers are sprayed with insect repellent such as "Off."

Inclement weather

Since many activity areas have either an indoor or covered space, campers follow a near regular schedule if it is just drizzling. If the decision is made to be inside buildings or in shelter, campers and staff will move to bunkhouses or covered program facilities. If rain persists for hours, campers will be sheltered where appropriate rainy-day programming.

***These plans may change based on updated Covid procedures.

HEALTH CARE

Bathroom hygiene

It is mandatory that all campers attending BT Camps in Reisterstown must be properly potty trained to attend camp. Our staff are not trained or expected to “clean up” campers; the camper must be able to attend to their own toilet needs and personal hygiene.

Medications

A doctor’s form for all prescription drugs your camper will need to take while at camp, including EpiPens, is mandated by State law.

EpiPen

If your child requires an EpiPen in emergencies, we ask that you provide your own, which will be kept just for your child. however, please understand that camp is not responsible for replacing the pen should it become damaged or not make it back home at the end of the summer. Understanding the previous disclaimer, a personal EpiPen may be stored in the Health Suite or carried by the camper’s counselor. Please notify the camp in writing as to your preference. The RN has a golf cart permanently assigned to the Health Suite to expedite response time.

FOOD

Kashrut, allergies, and sharing food

All food items served or distributed by the camp are always strictly kosher. With consideration to those who keep kosher and to those who have food allergies, we prohibit the sharing of food items. Please note we are not a peanut or allergen free camp.

Lunch from home

Lunch should be sent in a disposable bag with your camper's name and bunk written on the bag. Lunches are kept refrigerated at camp. Although we provide a kosher pareve (neither dairy nor meat) beverage, you may include a favorite beverage in your camper's lunch if it is not in a glass bottle or a can with a metal pull-off top. **Additionally, please be sure to pack a WATER BOTTLE each day with your child. We will have water filling stations; however, we WILL NOT HAVE CUPS available.**

Please be sure your camper can independently open any food packaging. To ensure as little food as possible is wasted, avoid over packing. Camp is not able to provide a means for returning food home. You may pack a dairy or a meat lunch, but to be sensitive to the kosher dietary laws of the camp, please do not mix both or send foods that are not kosher.

Hot lunch

A kosher lunch is prepared and delivered by Knish Shop five days a week. All lunches will be premade and will be given to the camper in an unopened box. Lunch includes a kosher entrée, chips, fruit, and beverage. Registration is by the day and costs \$6.50 per day. Orders must be placed by Thursday of the week prior to the week when you want lunch. We are unable to offer alternate menu items and though no nut products are used in the menu, we cannot guarantee the hot lunch is nut free. On Friday, an additional pizza pocket is available for \$2.00 and must be purchased at the time you place your lunch order.

Snack

Our kosher afternoon snack will be either a cold, frozen option or a bag of chips/pretzels or another filling item. It is served during later in the afternoon! On every Wednesday and Friday, we serve a dairy snack. If you observe the laws of kashrut, please pack only dairy for lunch on these days.

Late stay dinner

When scheduled, a kosher cookout dinner is served, including but not limited to, a kosher hamburger and roll, salad with dressing, chips, and a beverage. If your camper does not eat food of this style, or has other dietary needs, you may send dinner for the camper in a separate brown bag marked with the camper's unit and bunk, and the word "DINNER" to distinguish it from the camper's lunch. Camp is unable to heat items brought from home. We are unable to offer alternative menu items. However, campers who pack a brown bag dinner are still welcome to enjoy chips, a kosher beverage or any other menu item they are comfortable eating.

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